

#### GOVERNMENT OF TAMILNADU

## DIRECTORATE OF TECHNICAL EDUCATION, CHENNAI

# STATE PROJECT COORDINATION UNIT

# (Established under Canada India Institutional Cooperation Project – CIICP)

Course Name	Beautician
Course Code	
	COS/2020/001
Course Duration	180 Hours
Minimum Eligibility	8 <sup>th</sup> Std & above
Criteria and	8 Stu & above
Pre-requisites(if any)	
	This course is designed
Course Objectives	To provide training for the participants in the practical skills,
	To provide the participants theoretical knowledge and acquire professional
	attitudes.
	To provide training to compete in higher-level positions in the beautician
	profession.
	At the end of the course, the participants will be able to
Course Outcomes	<ul> <li>Perform hair care services for all types of hair including hair analysis, hair cutting and hairstyling.</li> </ul>
	Perform services including manicuring and pedicuring.
	Perform basic skin care services including skin analysis, facials, makeup
	application and superfluous hair removal.
	Demonstrate customer service skills, self-growth and personal development.
	<ul> <li>Perform salon business such as front desk operations, self marketing and the basic knowledge of starting one's own salon business.</li> </ul>
	<ul> <li>To be able to acquire the knowledge of public hygiene and special sanitation</li> </ul>
	procedures used for the protection of the client and the operator.
Expected Job Roles	Entrepreneur, Beautician, Hair Stylist, Massage Therapist, Makeup Artist.

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TEACHING AND SCHEME OF EXAMINATION						
Course Code	Course Name	Hours			ssment arks	Duration of
				Min	Max	Examination
		Theory	68	10	20	
COS/2020/001	BEAUTICIAN	Practical	112	40	80	3 Hours
203/2020/001		Total	180	50	100	

# COS/2020/001- BEAUTICIAN

### DETAILED SYLLABUS

Unit	Modules	No. of Hours	
No.		Theory	Practical
I	MEDICAL COSMETOLOGY	3 Hours	
1.1	Basic study of Anatomy and Physiology	1	-
1.2	Disorders of Skin, Hair and Nail	1	-
1.3	Sanitation and Sterilization	1	-
II	ART OF MAKE –UP	33 Hours	
2.1	Professional Make-up techniques	3	-
2.2	Society Make –up	2	4
2.3	Bridal Make –up	2	4
2.4	Stage Make-up	2	4
2.5	Oily Make-up	2	4
2.6	Photography Make-up	2	4
ш	PROFESSIONAL GROOMING	33 Hours	
3.1	Importance of Good Grooming	1	-
3.2	Mehandi		_
	INICIALIUI	-	2
3.3	Pedicure	- 3	2 3
3.3 3.4		- 3 3	
	Pedicure		3
3.4	Pedicure Manicure	3	3
3.4 3.5	Pedicure Manicure Threading and tweezing	3	3 3 5
3.4 3.5 3.6	Pedicure         Manicure         Threading and tweezing         Waxing	3 1 1 -	3 3 5 5 5
3.4 3.5 3.6 3.7	Pedicure         Manicure         Threading and tweezing         Waxing         Saree draping – 3 types	3 1 1 -	3 3 5 5 6
3.4 3.5 3.6 3.7 IV	Pedicure         Manicure         Threading and tweezing         Waxing         Saree draping – 3 types         HAIR DRESSING	3 1 1 - 39 H	3 3 5 5 6 Iours
3.4 3.5 3.6 3.7 IV 4.1	Pedicure         Manicure         Threading and tweezing         Waxing         Saree draping – 3 types         HAIR DRESSING         Trichology	3 1 1 - <b>39</b> H 1	3 3 5 5 6 Iours

4.5	Straight cut & Front Fringes		
4.6	U Shape cut & V Shape cut	1	5
4.7	Children haircuts	1	2
4.8	Basic hair colouring	-	3
4.9	Henna conditioning	-	3
4.10	Oil massage on scalp	3	3
4.11	Short hair styles – 5 styles	3	3
4.12	Long hair styles – 5 styles	3	3
v	PHYSIQUE CULTURE	39 H	ours
5.1	Skin care	1	-
5.2	Personal hygiene	1	-
5.3	Facial strokes	1	-
5.4	Skin bleaching & Mini facial	-	6
5.5	Herbal facial	3	3
5.6	Anti – wrinkle facial	3	3
5.7	Aroma facial	3	3
5.8	Anti – acne facial	3	3
5.9	Body massage	-	6
VI	YOGA AND WELLNESS	12 H	ours
6.1	Suryanamaskar	1	2
6.2	Aasana & Mudras	1	2
6.3	Aerobics	-	5
6.4	Nutrition & dietics	1	-
VII	COSMETIC CHEMISTRY	18 H	ours
7.1	Ingredients used in Cosmetics, Types of Cosmetics, Quality control.	3	-
7.2	Hair oil	3	-
7.3	Shampoo	1	-
7.4	Herbal face mask	1	2
7.5	Cold cream	1	-
7.6	Cleansing milk	1	-
7.7	Herbal body scrub	1	2
7.8	Wax (hot & cold)	-	3

VIII	VIII BUSINESS MANAGEMENT		3 Hours	
8.1	Business administration	1	-	
8.2	Human relations in business	1	-	
8.3	Entrepreneurship	1	-	
	TOTAL THEORY AND PRACTICAL HOURS	68	112	
TOTAL HOURS		18	30	

# HARDWARE REQUIREMENT

S.No	List Of Tools /Equipments
1.	Foot Massager
2	Scalp Steamer
3	Hair Drier
4	Comb Set
5	Scissors
6	Wig With Dummy
7	Infra Red Ray Lamp
8	Sterilizer
9	Facial Steamer

S.No	Criteria for assessment
1.	A trainee will be assessed based on the performance in End Examination for Theory and Practical conducted internally in the Project Polytechnic College for a duration of 3 hours
2.	A trainee must have 75% of attendance to appear for End examination in Theory and Practical.
3.	The assessment for theory part will be based on the marks scored in the end examination on the knowledge bank of questions (1 word/objective type questions)
4.	The assessment for practical part will be based on the marks scored in the end examination conducted by the Project Polytechnic and assessed by the Examiners approved by Strategic Plan Implementation Committee (SPIC) of the project polytechnic.
5.	The criteria for successful completion of training is every trainee should score 50% of marks in theory and practical examination.
6.	On successful completion of training, certificate will be issued to the participants by the Directorate of Technical Education through the Project Polytechnic.

## ASSESSMENT AND CERTIFICATION

#### END EXAMINATION

#### ALLOCATION OF MARKS

S.No	Description	Max.Marks
1.	Theory Examination	20
2.	Practical Examination	60
3.	Record	20
	Total Marks	100

# THEORY MODEL QUESTION PAPER

# COS/2020/001 - BEAUTICIAN

### (Maximum Marks: 20)

#### (N.B: Answer any Twenty questions)

20x1= 20 Marks

- 1. What is anatomy and physiology?
- 2. Name the layers of hair.
- 3. Mention any two methods of sterilization.
- 4. What is professional makeup?
- 5. Write any two foundation used for bridal makeup.
- 6. What is photography makeup?
- 7. Why good grooming is important?
- 8. What is pedicure?
- 9. What does threading do to your face?
- 10. Write any three benefits of waxing.
- 11. What is trichology?
- 12. Write any three problems of hair.
- 13. Is it good for doing blow dry?
- 14. What is scalp manipulation?
- 15. Write four basic haircuts?
- 16. How do you choose a hair colour?
- 17. What is personal hygiene?
- 18. Write any two facial strokes.
- 19. What type of facial is done for acne?
- 20. Name the three mudras.
- 21. Write any five benefits of yoga asanas.
- 22. What is diet?
- 23. Write any two common raw materials used in cosmetic preparation.
- 24. What is shampoo?
- 25. What is a women entrepreneur?